

MISSION TRAIL ATHLETIC LEAGUE

GENERAL BYLAWS

(As Amended through May 2017)

ARTICLE 1: NAME

Section 1, Name. The name of this organization shall be the Mission Trail Athletic League.

Section 2, Divisions. The Mission Trail Athletic League shall be divided into two divisions: A - Mission Trail Division; B - Coastal Division.

Divisions shall be established for each sport on an annual basis at the end of each sport season by recommendation of the Athletic Directors and final adoption by the Board of Managers, after input from discussion and any recommendation from the coaches' post-season meeting in that sport [ADDED March 2016]. The final decision shall be made by Athletic Director recommendation and Board of Managers vote that will occur by electronic mail no later than the following dates for each season: December 1 for Fall Sports; April 1 for Winter Sports; and June 1 for Spring Sports. Whether there will be divisions in any sport will depend on the number of schools competing that sport as well as the team or individual nature of the sport. Any division in any sport shall have no more than 8 teams.

ARTICLE 2: AUTHORITY

Section 1, The Mission Trail Athletic League is a member of the Central Coast Section of the California Interscholastic Federation and is bound by the constitution and by-laws of both bodies. The rules of the Mission Trail Athletic League may be more restrictive than either of the aforementioned if desired by the Board of Managers. Schools or school districts within the Mission Trail Athletic League may be more restrictive than league restrictions if they so wish.

ARTICLE 3 MEMBERSHIP AND DUES

Section 1, Any CCS member school located in the Southern Conference shall be eligible for membership subject to approval of the Board of Managers.

Section 2, The amount of the dues assessments shall be established annually at the last regular meeting of the Board of Managers based on the projected budget for the coming year. Fifty Percent (50%) of said budget shall be covered by a per school assessment to each of the schools in the league, and said per school assessment shall be due and payable to the league no later than September 15 each year. The remaining Fifty Percent (50%) of the budget shall be covered by a per

sport per level assessment, with such assessment due and payable by each school each year no later than October 1 for the fall sports, December 1 for the winter sports and March 1 for the spring sports. In the event that it is determined by the Board of Managers at their January or April meeting that said assessments as projected will not be enough to cover the league expenses, the Board of Managers may, at either of said meetings assess additional amounts to the league schools on such basis as they determine is fair and equitable.

Section 3, Fees for Supplemental League Members. Any school not in the Southern Conference of the CCS that affiliates with the League's 8 man football supplemental league shall be assessed a fee of \$150, payable by October 1 of that season.

Section 4, Delinquent Fees. Any fees or assessments not paid by a school to the League within 15 days of the due date shall incur a Twenty Percent (20%) late fee.

ARTICLE 4 Amendments

Section 1, Method These Bylaws may be amended by a majority vote of the Board of Managers.

Section 2, Effective Date Each motion to amend the Bylaws shall include the date on which the Bylaw becomes effective.

Section 3, Restrictions The Board of Managers shall adopt no Bylaws that are in conflict with the Constitution of the MTAL, CCS or CIF.

ARTICLE 5 Certification of Athlete Eligibility

Section 1, Athlete Eligibility Forms All students participating in interscholastic competition will be certified as eligible members of a specific team on the prescribed CCS or league form. These forms for each sport are to be sent to the League Commissioner prior to the start of league play in that sport.

Section 2, Additions or Deletions Names may be added to or deleted from the certification form via a signed statement from the principal of school involved. Notification of additions may be received prior to the students' participation in a league contest.

ARTICLE 6 Eligibility

Section 1, Restrictions

1a. The MTAL Board of Managers shall enact no rules regarding athlete eligibility less stringent than those provided in the Constitution and Bylaws of the CCS and/or CIF; however, the league may adopt more restrictive eligibility requirements.

1b. A student's scholastic eligibility for participation shall be governed by the rules and regulations of the CCS and/or CIF. Any individual league school may have its own scholastic eligibility requirements more stringent than those of the CCS or CIF, if that school so chooses.

Section 2, Freshman, Junior Varsity (Football)

2a A student who reaches his 16th birthday before September 1 shall not be eligible for Freshman football competition. A student who reaches his 18th birthday before September 1 shall not be eligible for Junior Varsity football competition.

2b The level at which a student competes in one sport does not affect the level at which he may compete in other sports.

2c Seniors on JV Teams. In league contests, except in the sports of Football and Boys Lacrosse, Seniors are eligible to compete at the JV level without limitation. For the limitations on Football and Boys Lacrosse, see the Sports By-Laws for each sport.

Section 3, Levels of Play and Movement of Players.

3a Each school may field up to three levels of play in any given sport. If only one level, that level shall be a Varsity level. If only two levels, those levels shall be Varsity and Junior Varsity levels or Varsity and Frosh-Soph levels, depending on the sport. If three levels, those levels shall be Varsity, Junior Varsity and Frosh, though the third level may be Frosh-Soph instead of Frosh only in the following sports: Basketball only. The intent of allowing a third level to be Frosh-Soph instead of Frosh only is to give schools with sufficient lower level numbers a more flexible opportunity to field a third level, thus giving more athletes the opportunity to compete.

3b Students are allowed unlimited movement between Varsity and underneath teams subject to the following restrictions:

3b1 Students may participate in no more than one level of competition on a given day.

3b2 Students may not participate in more total contests than the maximum number allowed for by CCS rule

Section 4, Time of certification of academic eligibility/

ineligibility. For each grading period there can be only one date and time when students may become eligible or lose academic eligibility. This date is set by each school, but all students at that school shall have the same date for determination of academic eligibility.

ARTICLE 7

Championships and Awards

Section 1, Championship Whenever teams tie for the league championship, they will be co-champions. In case of ties involving league qualifiers to CCS playoffs, the League representatives to CCS for all sports shall be determined by the Tie Breaker rules set forth in Article 19 below.

Section 2, League Medals and All-League Certificates Medals and All-League Certificates will be given to all league members of Varsity team

sports and first (1st) place winners in individual events. In addition, there shall be a general league certificate available to be given to players and coaches named in a sport to other league recognition in that sport. [ADDED March 2016]

Number of All-League Medals authorized:

MISSION TRAIL DIVISION or overall League if no Divisions in that sport

Basketball (B&G)	10
Baseball	16 (D. H.)
Cross Country (B&G)	10
Field Hockey	14
Football (11 man)	27
Golf	6
Lacrosse (Boys)	17
Lacrosse (Girls)	10
Soccer	16
Softball	16 (D.H.)
Swimming (B&G)	21 (9 indiv 12 relay)
Tennis (B&G)	9 (3 sing. 6 doubles)
Track (B&G)	22 (14 indiv 8 relay)
Volleyball (G)	10
Wrestling	14

COASTAL DIVISION

Basketball (B&G)	10
Cross Country (B&G)	5
Football (8 man)	9
Soccer (B&G)\	16
Softball	16 (D.H.)
Girls Volleyball	10

Section 3, Ribbons and Certificates Ribbons shall be awarded in the following Varsity events

Track	2, 3, 4, 5
Tennis	4, 5
Swimming	2, 3, 4, 5
Wrestling	2, 3, 4, 5

Section 4, Championship Team Certificates shall be awarded to each member of a Varsity Championship Team in each Division.

Section 5, Ribbons shall be awarded individuals placing in the FS/JV league qualifying meets for each Division as follows:

Cross Country (B&G)	1st - 7th
Swimming (B&G)	1st - 5th each event
Track (B&G)	1st - 5th each event
Wrestling	1st - 5th each weight class

Section 6, All-League Selections: Announcement to Media

All-League selections for all sports shall be reported from the League coach representative or AD representative for that sport to the League Commissioner. The League Commissioner shall be the only person to release any and all such lists to the media, and that shall be done for each sport after the last remaining league participant in the CCS playoffs in that sport has completed CCS play. The League Commissioner shall also take steps necessary to have all such All-League lists posted on the MTAL league website.

ARTICLE 8
Sports Seasons - Start of Practice
Tournament and Contest Limitations

Section 1, CCS Rules Govern: Unless otherwise stated with respect to a specific sport elsewhere in these by-laws, the league shall follow the provisions of the Central Coast Section By-laws, Article V, regarding all of the following matters with respect to all sports: definition of sports season; start dates for practice/scrimmage/contests; numbers of contests; tournament definition and sanctioning; and definitions and limitations regarding scrimmages, faculty/student games, alumni games and jamborees.

(as Amended by BOM October 13, 2009)

ARTICLE 9
Scouting

Section 1, Video taping devices of any kind shall not be used for coaching or review during any Southern Conference contest.

Section 2, Using films taken of another team's practice session is prohibited.

Section 3, Video taping, exchange or receiving of tape of any contest is permitted. (Adopted 5/19/94 MTAL Southern Conference)

Article 10
Supplemental Leagues

League schools may participate in supplemental leagues hosted by non-MTAL leagues in sports where the MTAL does not participate as a league. In addition, the MTAL, by authorization of the Board of Managers, may from time to time vote to host a supplemental league that includes non-MTAL schools.

Article 11
Invitational Tournaments and Post Season Contests

Section 1, Post season contests are prohibited unless authorized by the CCS.

Section 2, Participation in tournaments: MTAL schools will not

participate in tournaments that are not authorized or sanctioned by the CCS.

Section 3, Hosting tournaments MTAL schools desiring to host an invitational tournament in any league sport must secure permission from the CCS prior to the event in accordance with CCS rules and regulations.

ARTICLE 12 League Schedules

Section 1, Adoption With the sole exception of the schedule for 8-man football, no later than the end of each school year, the League Commissioner shall submit the following year's league schedules to the Board of Managers for their adoption. 8-man football league schedules shall be developed by the League Commissioner after consultation with and input by the schools involved in the league. The League Commissioner shall have final approval authority over this 8-man football schedule, without the need to take to all league Athletic Directors or Board of Managers as per all other schedules.

Section 2, Obligation to Compete Member schools are obligated to compete at the time and place indicated in the official MTAL schedule, and any failure to do so shall be referred to the league Board of Managers for consideration of appropriate sanctions.

Section 3, Change of Date By mutual agreement between the two principals involved, the date, time and/or place may be changed, provided the Commissioner is notified.

Section 4, Postponed or incomplete contests must be rescheduled and played the next school day or as soon thereafter as is reasonably practical. Dates for rescheduling or postponed contests are to be mutually -agreed on by schools involved. If agreement cannot be reached, the league Commissioner is authorized to set the contest.

Section 5, Game management plans for all sports have to be exchanged with all schools. This shall be done prior to the start of the league schedule for that sport.

Article 13 Bands

Section 1, Pep Bands, Basketball. The Pep band of the home school will be the only band permitted to perform and shall be limited to a maximum of twenty musicians. No amplification is permitted.

- 1a During pre-game.
- 1b During half time.
- 1c During period between games.
- 1d During quarter intermissions.

Section 2, Visiting school bands may play at football games by mutual

agreement of the principals.

Section 3, Bands, Football. The length of half time activities by the band, student groups, etc. will be as per the Bylaws. If there is mutual agreement, the half time may be extended provided officials and coaches are notified prior to the start of the game. Schools violating its agreed-upon time period shall expect their team to be penalized 15 yards at start of the second half. By rule this is an unsportsmanlike foul which requires a 15 yard penalty.

Section 4, Mechanical noise-makers or amplifying devices are not allowed at any athletic contest at a league school.

Section 5, No radios, cassette tape players or recorders shall be allowed at an interscholastic contest except for the following two (2) deviations:

- 5a The home school may use recorded music specific for warm-up and for half-time activities.
- 5b The cheerleaders of both schools may use recorded music as part of their half-time performance.

Section 6, No Music With Lyrics. Effective the beginning of school year 2011-2012, there shall be no music with lyrics at any MTAL school hosted contest, with the exception of the National Anthem and the school song. (Added April 2011)

ARTICLE 14

Sportsmanship

Sports in America are significant. Sports in high schools set the pattern for the entire structure of sports in our communities. Without appropriate behavior on the part of all personnel involved in playing, administering and patronizing athletic contests, the opportunity to create and maintain a favorable atmosphere for the preservation of democratic values through this facet will be lost.

In our society the ideal of sportsmanship permeates virtually every aspect of our culture. This epic of "fair play" can be seen in every aspect of modern life: business, commerce, law, education, in human interaction. It seems to be a code of expected behavior originating in sport which requires that its definition be explicit for high ideal which it demands and implicit for the breadth and magnitude of its scope. Therefore, sportsmanship is defined as that quality of responsible behavior characterized by a spirit of generosity and genuine concern for an opponent.

Because the responsibility for development of sportsmanship involves many persons, the contribution of educational athletics are of great importance. Within the framework of the school athletic program, the responsibility for good sportsmanship is vested in all of those who are in any way associated with the program: administrators, coaches, players, officials and spectators. Each has his/her share of

responsibility.

Without the ethic of sportsmanship operating realistically in the control of player and spectator behavior, sport will not only lose its integrity as an educational instrument but may degenerate into a device actually subversive to the best interests of our schools and communities.

Accountability for sportsmanship is imperative and must be accepted at the highest level of school and athletic administration and delegated with accountability. In the sections that follow, suggestions for implementing an accountability model are presented from both a preventive point of view as well as a reactive or problem solving position.

Section 1, Preventive Measures

1a State Associations

1a1 Use media resource to emphasize sportsmanship as a statewide theme endorsed by the state association.

1a2 Work with administrators, school boards and school board associations to emphasize sportsmanship and to implement new programs.

1b Boards of Education and Central Administration Officials

1b1 Endorse the National Federation sportsmanship and mission statements.

1b2 Issue a conference and district philosophy statement on sportsmanship.

1b3 Develop an annual calendar of sportsmanship orientation programs.

1b4 Require MTAL schools to develop, implement and report on action plans designed to enhance sportsmanship standards.

1b5 Attend several contests throughout the year to programs.

1b6 Demonstrate exemplary conduct at contests.

1b7 Commend exemplary sportsmanship conduct among league schools.

1b8 Work with local media to emphasize sportsmanship.

1c Board of Managers

1c1 Develop league approved signs, banners and printed statements for contest programs.

1c2 Encourage member schools to display a sportsmanship banner with the league banners of all league members.

1c3 Establish a league sportsmanship award.

1c4 Have coaches and/or athletic directors vote to determine annual or seasonal sportsmanship winner(s).

1c5 Establish a league procedure for dealing with interschool sportsmanship issues and contentions.

1c6 Ascertain a need for multiple school sportsmanship efforts in response to potential problems.

1c7 Refuse to schedule non-conference opponents unless they endorse sportsmanship principles.

1d School Administrators

1d1 Schedule a sportsmanship component within seasonal pep

- assemblies.
 - 1d2 Issue weekly reminders of spectator expectations on school public-address system.
 - 1d3 Print spectator standards and expectation in contest programs.
 - 1d4 Read spectator expectations on the public-address system prior to each contest.
 - 1d5 Specify behavior expectations for coaches.
 - 1d6 Assign spectator supervisors of both genders to implement sportsmanship standards.
 - 1d7 Use the public-address system to congratulate both teams following a contest and wish all contestants good luck in future competition.
 - 1d8 Commend exemplary sportsmanship conduct by spectators and participants.
 - 1d9 Ensure an administrator attends all home contests.
 - 1d10 Principals of competing schools meet to shake hands in public pre-game ceremony.
 - 1d11 Send letters to parents of all athletes concerning league sportsmanship standards for athletic events.
 - 1d12 Organize and support supervised post-game activities to allow for positive student social interactions.
- 1e Spectator Supervisors
- 1e1 Designate a manager for each contest.
 - 1e2 Wear distinctive jackets or uniforms.
 - 1e3 Define a supervision plan including supervision areas and plans for integration of school and police supervisor.
 - 1e4 Require supervisors to move constantly within assigned supervision areas.
 - 1e5 Expedite ticket sales for large crowds.
 - 1e6 Watch for trouble makers and station supervisors in close proximity.
 - 1e7 Disallow noisemakers, unauthorized signs, unofficial cheerleaders.
 - 1e8 Disallow movement of spectators during a play.
 - 1e9 Ban any person who is ejected from a contest from attending a future contest.
 - 1e10 Meet and accompany opponents to their locker room.
 - 1e11 Station one supervisor or police officer near opponent locker room. 1e12 Police and supervisors should be dispersed throughout the stands, near exits and at parking lots as the game ends.
 - 1e13 Conduct post game assessments of spectator management procedures.
- 1f Scorers, Timers, Announcers
- 1f1 Read the league policy on sportsmanship at the beginning of a contest and issue reminders throughout the contest.
 - 1f2 Report the events of a game--do not editorialize.
 - 1f3 Timers and scorers must focus on the game, stopping and starting the clock as required by rule and ensuring the score is accurate.
 - 1f4 Announcers should take time to learn proper pronunciation of

- players' names.
- 1g Coaching Staff
 - 1g1 Demonstrate exemplary sideline behavior (in response to officials, game tempo, adversity).
 - 1g2 Teach sportsmanship and adhere to the letter of all rules.
 - 1g3 Specify expectations for players in parent/athlete code. Require parent/athlete signatures indicating rules have been read. Hold players accountable.
 - 1g4 Indicate that taunting by players will be treated the same as fighting.
 - 1g5 Treat opposing coaches and spectators with respect.
 - 1g6 Speak to service clubs on sportsmanship initiatives in your school/league.
 - 1g7 Emphasize sportsmanship programs and standards during parent orientations.
- 1h Players
 - 1h1 Control emotions and behavior in all contests.
 - 1h2 Control spectator comments.
 - 1h3 Refrain from fighting, taunting, disrespectful commentary.
 - 1h4 Cooperate with and react positively with officials.
 - 1h5 Treat opponents with respect; shake hands before and after competition.
 - 1h6 Only the captain shall approach an official to seek information concerning rule applications or interpretations must be done in a respectful manner.
- 1i Cheerleaders, Pompon and Sports Group
 - 1i1 Concentrate on the game and be aware of inherent changing emotions.
 - 1i2 Use positive, no demeaning cheers.
 - 1i3 Help control negative spectator responses.
 - 1i4 Demonstrate respect for opposing teams and spirit groups. 1i5 Recognize excellent performances for both teams.
 - 1i6 Learn rules and strategies; cheer at appropriate times.
 - 1i7 Help discourage inappropriate spectator behavior.
- 1j Spectators
 - 1j1 Respect opponent teams and spirit groups.
 - 1j2 Respect officials and difficulty of their task.
 - 1j3 Comply with policies concerning signs, noisemakers, respectful behavior, occupying a seat and designating cheerleaders.
- 1k Officials
 - 1k1 Maintain poise and control.
 - 1k2 Make Galls in an unemotional manner.
 - 1k3 Abide by the NFIOA "Officials Code of Ethics".
 - 1k4 Use preventive officiating techniques when player/coach emotions run high.
- 1l Media
 - 1l1 Support school efforts to achieve high standards of sportsmanship.
 - 1l2 Emphasize sportsmanlike behavior rather than violent or disruptive behavior.

- 113 Recognize exceptional sportsmanship performance by layers and spectators.
- 114 Recognize exceptional player performance.

Section 2, Reactive Measures

- 2a Boards of Education and Central Administration Officials.
 - 2a1 Authorize student exchange assemblies and planning activities.
 - 2a2 Appear at exchange assemblies to reinforce the importance of mutual, problem solving efforts.
 - 2a3 Suggest the potential for contests without spectators.
 - 2a4 Insist that educationally sound standards be implemented where programs are supported by tax or other revenues designated for educational purposes.
- 2b School Administrators
 - 2b1 Schedule exchange days or assemblies involving the cheerleaders, student leaders and captains of opposing teams.
 - 2b2 Request community leaders or famous alumni speak at an assembly to focus importance of maintaining positive programs for athletes and spectators.
 - 2b3 Initiate daily reminders of behavior expectations and penalties for violation.
 - 2b4 Indicate that supervision will be increased and that rules will be rigorously enforced.
 - 2b5 Hire a larger number of spectator supervisors and police officers.
 - 2b6 Warn known troublemakers, station supervisors in close proximity.
- 2c Coaches
 - 2c1 Issue week long reminders to players of the need to focus on their responsibilities rather than their emotions or taunting and rule violations by opponents.
 - 2c2 Closely supervise pre-game and post-game activities that bring opponents together.
 - 2c3 Substitute for any player who demonstrates loss of emotional control or questionable behavior; impose prescribed penalties.
- 2d Spectator Management
 - 2d1 Work with police and supervisory staff during the week preceding a contest to define an emergency.
 - 2d2 Hire supervisors who are familiar with large numbers of students (counselors, administrators, physical education staff).
 - 2d3 Insist that the visiting team provide supervision.
 - 2d4 Assign and position extra supervisors and police at entry gates.
 - 2d5 Make more frequent use of the public-address system to communicate expectations for spectators.
 - 2d6 Station extra police vehicles in parking lot during pregame activities. Move loiters out of the parking lot when game starts.
 - 2d7 Be alert to alcohol, noisemakers, inappropriate costumes.

- 2d8 Hire police and supervisors of both gender to make frequent bathroom checks.
- 2d9 Eject policy violators early in the contest.

Section 3, Acceptable and unacceptable behavior standards as Specified by the National Federation of State High School Associations.

3a Acceptable Behavior

- 3a1 Applause during introduction of players, coaches and officials.
- 3a2 Players shaking hands with opponent who fouls out while both sets of fans recognize player's performance with applause.
- 3a3 Accept all decisions of officials.
- 3a4 Cheerleaders lead fans in positive school yells in positive manner.
- 3a5 Handshakes between participants and coaches at end of contest, regardless of outcome.
- 3a6 Treat competition as a game; not a war.
- 3a7 Coaches/players search out opposing participants to recognize them for outstanding performance or coaching.
- 3a8 Applause at end of contest for performances of all participants.
- 3a9 Everyone showing concern for injured player, regardless of team.
- 3a10 Encourage surrounding people to display only sportsmanlike conduct.

3b Unacceptable Behavior

- 3b1 Yelling or waving arms during opponent's free-throw attempt.
- 3b2 Disrespectful or derogatory yells, chants, songs or gestures.
- 3b3 Booing or heckling an official's decision.
- 3b4 Criticizing officials in any way, displays of temper with an official's call.
- 3b5 Yells that antagonize opponents.
- 3b6 Refusing to shake hands or give recognition for good performance.
- 3b7 Blaming loss of game on officials, coaches or participants.
- 3b8 Laughing or name calling to distract an opponent.
- 3b9 Use of profanity or displays of anger that draw attention away from the game.
- 3b10 Doing own yells instead of following lead of cheerleaders.

Section 4, Sportsmanship, Taunting. Definition: Any actions or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist.

Included is conduct that berates, needles, intimidates or threatens based on race, gender, ethnic origin or background, and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters.

Examples of taunting that would lead to ejection include, but are not limited to, 'trash talk', physical intimidation outside the spirit of the game, references to sexual orientation, 'in-the-face' confrontation by one player to another, standing over/straddling a tackled or fallen player.

Taunting in all sports is now a flagrant unsportsmanlike foul which results in the ejection of the participant from that day of competition, plus the next day of scheduled competition.

This rule is intended to reinforce the authority of site administrators of the Mission Trail Athletic League to eject spectators.

ARTICLE 15

Ejections from Sports Contests

Section 1, Disqualification of a Player in any Sport

1a First Ejection: Except in the sport of soccer, a player who is ejected for unsportsmanlike conduct by an official shall not participate any more in that game or in the next contest that his/her team plays, including a post season game. In the sport of soccer, a player who is ejected for unsportsmanlike conduct by an official shall not participate any more in that game or in the next TWO contests that his/her team plays, including a post season game.

If the contest from which the player was ejected is the last contest of the year for that team (all sports) or next to the last (soccer), the above-stated disqualification would carry over to that team's first (1st) regularly scheduled league contests the following year.

Any such player who participates in the next contest following his/her ejection will be treated as an ineligible player for that contest.

Second Ejection: In all sports, a second ejection will result in the player being dropped from the sport for the balance of the season and from any all-league awards.

1b. A player who has been ejected then suspended for one or more games under this Article 15 shall, at a minimum, be subject to each of the following, with the school's administration adding any further sanctions that it deems appropriate:

- i. With respect to the contest from which the player is ejected:
 1. The player shall leave the team bench and be supervised at the venue by a responsible coach or administrator.

2. In the event it is not possible to have a coach, administrator or their designee available to supervise the player, the coach shall:

- a. Have the player sit on the bench in a designated spot. If a bench is not available, the coach shall designate a spot on the field/court where the player shall remain until the contest is over.
- b. Be held directly responsible for the player's conduct while on the bench or bus.

3. The player shall not be in communication in any way with the coach or teammates.

ii. With respect to the contests from which suspended, the player:

1. Shall not dress in uniform nor sit on the team bench at said contests.
2. Shall not travel with the team to said contests.
3. Shall not be at the playing venue during said contests.

iii. Prior to returning to competition after serving the suspension(s), the player:

1. Shall take and complete successfully the Sportsmanship Course offered on-line by the National Federation of High Schools (www.nfhslearn.com)
2. Shall write a letter of apology to the opposing school with which the ejection occurred and shall read a letter of apology to his/her teammates, all if deemed appropriate by the athlete's school administration.

Section 2, Disqualification of a Coach in any Sport

2a Except in the sport of soccer, any coach ejected from an athletic contest for unsportsmanlike conduct shall also be suspended from the next contest in which his/her team competes. In the sport of soccer, any coach ejected from an athletic contest for unsportsmanlike conduct shall also be suspended from the next TWO contests in which his/her team competes.

2b Any coach ejected from an athletic contest shall not be permitted to coach or remain on the premises during the remainder of the contest. Any coach refusing to comply shall cause the contest to be forfeited.

2c A contest may be continued only if a certified coach is available. If a certified coach is unavailable, the contest shall be forfeited.

2d In all sports, any coach ejected from a second contest within the same season shall have their school notified and the league shall recommend that this coach be removed from coaching the remainder of

that season.

2e If the contest from which the coach was ejected is the last contest of the year for that team (all sports) or next to the last (soccer), the above-stated disqualification would carry over to that team's first (1st) regularly scheduled league contests the following year.

Any such coach who participates in the next contest following his/her ejection will be treated as an ineligible player for that contest.

2f A coach who has been ejected then suspended for one or more games under this Article 15 shall, at a minimum, be subject to each of the following, with the school's administration adding any further sanctions that it deems appropriate:

- i. With respect to the contest from which ejected, the coach:
 1. Shall leave the contest venue. Refusal to do so will result in a forfeit of the contest.
 2. Shall not be in communication in any way with coach replacing him/her for the remainder of that contest.

- ii. With respect to the contests from which suspended, the coach:
 1. Shall not sit on the team bench at said contests.
 2. Shall not travel with the team to said contests.
 3. Shall not be at the playing venue during said contests.
 4. Shall not be in communication in any way with coach replacing him/her.

- iii. Prior to returning to competition after serving the suspension(s), the coach:
 1. Shall take and complete successfully the Sportsmanship Course offered on-line by the National Federation of High Schools (www.nfhslearn.com)
 2. Shall write and send a letter of apology to the opposing school with which the ejection occurred and shall read a letter of apology to his/her own team, if deemed appropriate by the coach's school administration.

Section 3, Appeal Process for a Player or Coach Ejection

3a The basis for the appeal shall be filed in writing with the League Commissioner by the Principal of the team on which the ejected player or coach is a member. The appeal must be submitted to the League Commissioner within seventy-two (72) hours of the conclusion of the contest.

3b After considering all evidence deemed relevant by the Commissioner, including hearing testimony from any witnesses or reviewing any material brought forward (videos, etc.), the Commissioner shall render a decision. That decision shall be rendered, if at all possible, prior to the next contest applicable to the player or coach.

3c If the Commissioner's decision is appealed; the Commissioner shall convene a panel that will consist of two (2) administrators, and one (1) athletic director (excluding the school(s) involved to hear the appeal). The decision of the panel is final.

3d If the League Commissioner is not available, the League President, or designee, shall convene the appeal panel.

3e In the event that the panel cannot meet and decide the appeal prior to the next contest applicable to the player or coach, that player or coach shall be suspended from that next contest, the appeal notwithstanding.

ARTICLE 16 Supervision

Section 1, Faculty Teams must be accompanied by certificated and/or certified personnel (with the exception of private schools). At any contest an administrator or designated representative shall be present. The administrator or designee on duty from both the home and visiting teams are to meet with each other and the game official prior to each contest of football, basketball, soccer and baseball, as well as any other event requiring supervision. In the pre-game, each administrator should indicate the approximate area where he/she will be located during the event should assistance be needed.

Section 2, Police Adequate police supervision is required at all contests where large crowds are in attendance.

ARTICLE 17 Passes

Section 1, Common League Passes Each school shall be issued by the Commissioner twenty-five or one-half of the certificated staff, whichever is greater. League pass will admit two (2) people.

Section 2, Staff Passes MTAL schools will not honor staff passes unless by mutual agreement between the two schools involved.

Section 3, Honoring of passes Complimentary admission to all interscholastic athletic events conducted by Monterey Bay and Mission Trail Athletic League schools shall be granted to the CCS or league pass holder and guest. CCS and league passes are valid only for adults as specified on the pass. Misuse of a CCS or League Pass will result in forfeiture of the pass. (League passes are NOT valid for a CCS sponsored event). 1-20-2000

ARTICLE 18 League Representatives

Section 1, Responsibilities of League Representatives

Each sport in each Division shall have a coach, chosen by the league or Division coaches for that sport, who is designated as the League Representative for that sport. The league representative shall do the following:

- 1a Attend all CCS scheduled meetings for sport.
- 1b Keep other coaches informed of CCS action and requirements, rules in the MTAL Constitution, all league selection process, post season

- honors, etc.
- 1c Serve as a liaison between the coaches and ADs.
 - 1d Shall maintain appointment for at least two years.
 - 1e Shall call one sports coaches' sports season, and one meeting season, and one meeting prior to the start of the at the sports season, and one at the conclusion of the sports season.
 - 1f Minutes of the meeting should be kept and sent to the league Commissioner.
 - 1g Any and all Coach proposed changes to the CCS Sports Playoff By-laws shall be sent by the coaches to the League Commissioner immediately after the MBL coaches' meeting leading to the proposed change. No MBL proposal shall go to the CCS Sport Committee unless and until the Athletic Directors have recommended by a majority vote that such proposal should go forth as a League proposal to the appropriate CCS sport committee. That vote may be conducted by Email vote. [Added April 2013]

ARTICLE 19

Tie Breaker for CCS Playoffs

Tie breaking for CCS playoffs. These procedures will be employed in all sports.

In the event of a two- way tie for any place involved in CCS playoffs, the following procedures shall be used in the order listed until tie is broken.

- a Head-to-head competition in regularly scheduled league contests between tied teams.
- b If at least two days (excluding Sunday and holidays) are available before date of last CCS allowed league contest, a playoff contest at a neutral site should be scheduled, with the site chosen by the League Commissioner.
- c Head-to-head competition in regularly scheduled league contests between tied teams and the other teams in the league. Starting with the team that finished number 1, then going down to the last place team place by place, the first team to have lost to a team will be the number 2 team and the other tied team the number 1 team.
- d. In sports where CCS playoff points are used, the team with the higher number of playoff points shall be the number one team between the tied teams.
- e Years since last CCS participation (advantage to higher number)
- f. Head to head competition between tied teams in non-league setting (added Oct. 2010)
- g. Coin toss
- h. Teams from the MTAL applying for the CCS Playoffs on an "At-Large" basis will be seeded into the tournament based on CCS playoff points without regard to league ranking. If there are teams tied in CCS playoff points the ties will be broken using the tiebreakers stated above beginning with head-to-head competition (added Jan 2012)

In the event of a three or four way tie, the same procedures will be followed to determine the ranking among the 3 or 4 teams, with the first tie breaker to be the record of each team in the head to head competition in regularly scheduled league contests with the other tied teams. However, in the case of a 3 or 4 way tie, there shall be no playoff contest(s) involved.

ARTICLE 20

Contest Protests

Section 1, Reasons for protest Formal protests may be filed by any school with the Board of Managers for the following reasons:

- 1a Dangerous or sub-standard playing facilities
- 1b Participation by an ineligible player, unprofessional conduct of coaches or other school personnel.
- 1d An official's decision in which a rule has been misinterpreted or violated and if that misinterpretation or violation has a direct bearing on the outcome of the contest. (It shall be incumbent upon the protesting school to demonstrate that the alleged violation has directly affected the outcome of the contest).
- 1e The reason outlined in 1d above shall only apply in those sports which allow protests of officials' decisions. For example National Federation rules in football do not allow protests after the contest.

Section 2, On site, day of contest procedure. For an official protest to be lodged, the coach must notify the official that the contest is being played under protest.

Section 3, Protest procedures

- 3a A protest of the eligibility of any athlete shall be made in writing by a member administrator to the Commissioner, MTAL President and principal of athlete's school setting forth in detail the points protested. The administrative representative of the school in which the protested athlete is enrolled shall submit to the Commissioner within 5 calendar days certified statements of the athlete's eligibility. If such proof is not available and/or not produced, the athlete shall be declared ineligible.
- 3b Protests relating to game or contest officials and their work or actions shall be made in writing within 5 calendar days. Protests shall be sent to the Commissioner and MTAL President. The protest shall be set forth in detail by the principal or designated administrative representative of the school concerned. The Commissioner will study the facts of the case and recommend to the executive committee an appropriate action.
- 3c A protest concerning officiating will not be considered adequate cause for a rescheduling of a contest from which such protest arose. A protest concerning students or staff of league member schools in relation of the athletic program shall only be made by the principal or designated administrative representative of the school concerned. The protest setting forth the details of the case will be submitted in writing to the Commissioner, MTAL President and the principal of the other school involved. The executive committee will consider the problem and determine an appropriate action.

Section 4 Appeals to Board of Managers. Recommendations, decisions and actions by the executive committee in matters of protests shall be final unless an appeal is made by the principal or designated administrative representative of the school involved in the protest to the Board of Managers.

ARTICLE 21
Suspension or Expulsion from League

Any violation of the Constitution or Bylaws of the MTAL, or any order of the Board of Managers of the MTAL may result in suspension or expulsion from the MTAL. A two-thirds vote of the entire membership of the Board of Managers is required for suspension or expulsion.

ARTICLE 22
Suspension of an Athletic Contest in any MTAL Sport

Section 1, Unruly behavior at games A game which is stopped by the official(s) because of fighting or unruly behavior between participants shall be suspended immediately. The incident shall be reviewed by a neutral committee which shall recommend a final action to the Board of Managers. This committee shall be called the Review Committee.

- 1a The Review Committee shall be composed of the MTAL Commissioner, one administrator from one of the league schools not involved in the contest who shall serve as chairman of the committee, and one athletic director from one of the league schools not involved in the contest. The selection of the administrator and the athletic director shall be at the discretion of the league President.
- 1b The procedures for reviewing and gathering information about the incident shall be established by the committee.
- 1c After review, the committee may recommend that the contest should be considered completed, re-scheduled, cancelled, or forfeited by one or all teams involved.
- 1d Further sanctions may be imposed by the Board of Managers and could include:
 - 1d1 Exclusion of a team from league and/or CCS playoffs.
 - 1d2 Exclusion of all league representation for any team or individual.
 - 1d3 Other sanctions as deemed appropriate.

Article 23
Game Expenses and Ticket Prices

Section 1, Inter-School Competition The home team shall pay officials' fees and mileage and other costs of the event. The visiting team will pay its own travel expenses.

Section 2, Ticket Prices If a school chooses to charge admission fees, it must be at the maximum rate

- A. FOOTBALL ONLY:
One Game (any level)

- a. Adults: \$5
- b. Students 13 and over; Seniors 60 and over: 3
- c. Children 7-12 \$2
- d. Children 6 and under Free

Two or More Games

- a. Adults: \$8
- b. Students 13 and over; Seniors 60 and over: \$5
- c. Children 7-12 \$3
- d. Children 6 and under Free

B. ALL OTHER SPORTS (No matter how many contests)

- a. Adults: \$5
- b. Students 13 and over; Seniors 60 and over: \$3
- c. Children 7-12 \$2
- d. Children 6 and under Free

Section 3, Parking. If a member chooses to charge for parking, the charge must not exceed three (3) dollars.

**Article 24
Athletic Contest Officials**

Section A Officials for the following athletic contests, league and non-league contests alike, hosted by any league member shall be assigned by the Peninsula Sports Incorporated group:

Fall: Field Hockey (an MBL Sport), Football, Girls Volleyball, Boys and Girls Water Polo (an MBL sport)

Winter: Boys and Girls Basketball, Boys and Girls Soccer, Wrestling

Spring: Baseball, Boys and Girls Lacrosse, Softball, Boys Volleyball (an MBL sport)

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